

The Book of Common Prayer

Sunday 26th July 2020 7th Sunday after Trinity

Dearly beloved brethren,
the Scripture moveth us in sundry places to acknowledge
and confess our manifold sins and wickedness;
and that we should not dissemble nor cloak them before
the face of almighty God our heavenly Father;
but confess them with an humble, lowly, penitent and
obedient heart;
to the end that we may obtain forgiveness of the same
by his infinite goodness and mercy.
And although we ought at all times humbly to acknowledge
our sins before God;
yet ought we most chiefly so to do,
when we assemble and meet together
to render thanks for the great benefits that we have
received at his hands,
to set forth his most worthy praise,
to hear his most holy word,
and to ask those things which are requisite and necessary,
as well for the body as the soul.]

Wherefore I pray and beseech you,
as many as are here present,
to accompany me with a pure heart, and humble voice,
unto the throne of the heavenly grace, saying [after me]:

**Almighty and most merciful Father,
we have erred, and strayed from thy ways like lost sheep.
We have followed too much the devices and desires
of our own hearts.
We have offended against thy holy laws.
We have left undone those things
which we ought to have done;
and we have done those things
which we ought not to have done;
and there is no health in us.
But thou, O Lord, have mercy upon us, miserable offenders.
Spare thou them, O God, which confess their faults.
Restore thou them that are penitent;
according to thy promises declared unto mankind
in Christ Jesu our Lord.
And grant, O most merciful Father, for his sake,
that we may hereafter live a godly, righteous, and sober life,
to the glory of thy holy name.
Amen.**

Grant, we beseech thee, merciful Lord,
to thy faithful people pardon and peace,
that they may be cleansed from all their sins,
and serve thee with a quiet mind;
through Jesus Christ our Lord.

Amen.

**Our Father, which art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done,
in earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive them that trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.**

Amen.

O Lord, open thou our lips
and our mouth shall shew forth thy praise.

O God, make speed to save us.
O Lord, make haste to help us.

Glory be to the Father, and to the Son,
and to the Holy Ghost;
**as it was in the beginning, is now, and ever shall be,
world without end. Amen.**

Praise ye the Lord.

The Lord's name be praised.

O come, let us sing unto the Lord :
let us heartily rejoice in the strength of our salvation.

Let us come before his presence with thanksgiving :
and shew ourselves glad in him with psalms.

For the Lord is a great God :
and a great King above all gods.

In his hand are all the corners of the earth :
and the strength of the hills is his also.

The sea is his, and he made it :
and his hands prepared the dry land.

O come, let us worship, and fall down :

and kneel before the Lord our Maker.

For he is the Lord our God :
and we are the people of his pasture, and the sheep of his hand.

Today if ye will hear his voice, harden not your hearts :
as in the provocation,
and as in the day of temptation in the wilderness;

When your fathers tempted me :
proved me, and saw my works.

Forty years long was I grieved with this generation, and said :
It is a people that do err in their hearts,
for they have not known my ways.

Unto whom I sware in my wrath :
that they should not enter into my rest.]

Glory be to the Father, and to the Son :
and to the Holy Ghost;
as it was in the beginning, is now, and ever shall be :

Psalm 105

*105 O give thanks unto the Lord; call upon his name:
make known his deeds among the people.*

² Sing unto him, sing psalms unto him: talk ye of all his wondrous works.

³ Glory ye in his holy name: let the heart of them rejoice that seek the Lord.

⁴ Seek the Lord, and his strength: seek his face evermore.

*⁵ Remember his marvellous works that he hath done; his wonders,
and the judgments of his mouth;*

⁶ O ye seed of Abraham his servant, ye children of Jacob his chosen.

⁷ He is the Lord our God: his judgments are in all the earth.

*⁸ He hath remembered his covenant for ever,
the word which he commanded to a thousand generations.*

⁹ Which covenant he made with Abraham, and his oath unto Isaac;

*¹⁰ And confirmed the same unto Jacob for a law,
and to Israel for an everlasting covenant:*

*¹¹ Saying, Unto thee will I give the land of Canaan, the lot of your inheritance:
Praise ye the Lord.*

At the end of each psalm these words are said

Glory be to the Father, and to the Son :
and to the Holy Ghost;
as it was in the beginning, is now, and ever shall be :
world without end. Amen.

For the Epistle Romans 6

*¹⁹ I speak after the manner of men because of the infirmity of your flesh:
for as ye have yielded your members servants to uncleanness and to iniquity unto iniquity;
even so now yield your members servants to righteousness unto holiness.*

²⁰ For when ye were the servants of sin, ye were free from righteousness.

***21 What fruit had ye then in those things whereof ye are now ashamed?
for the end of those things is death.***

***22 But now being made free from sin, and become servants to God,
ye have your fruit unto holiness, and the end everlasting life.***

***23 For the wages of sin is death;
but the gift of God is eternal life through Jesus Christ our Lord.***

Te Deum Laudamus

We praise thee, O God; we acknowledge thee to be the Lord.
All the earth doth worship thee, the Father everlasting.
To thee all angels cry aloud, the heavens and all the powers therein.
To thee cherubin and seraphin continually do cry,
Holy, Holy, Holy, Lord God of Sabaoth;
Heaven and earth are full of the majesty of thy glory.
The glorious company of the apostles praise thee.
The goodly fellowship of the prophets praise thee.
The noble army of martyrs praise thee.
The holy Church throughout all the world doth acknowledge thee:
the Father of an infinite majesty;
thine honourable, true and only Son;
also the Holy Ghost the Comforter.

Thou art the King of glory, O Christ.
Thou art the everlasting Son of the Father.
When thou tookest upon thee to deliver man,
thou didst not abhor the Virgin's womb.
When thou hadst overcome the sharpness of death,
thou didst open the kingdom of heaven to all believers.
Thou sittest at the right hand of God, in the glory of the Father.
We believe that thou shalt come to be our judge.
We therefore pray thee, help thy servants,
whom thou hast redeemed with thy precious blood.
Make them to be numbered with thy saints in glory everlasting.

O Lord, save thy people and bless thine heritage.
Govern them and lift them up for ever.
Day by day we magnify thee;
and we worship thy name, ever world without end.
Vouchsafe, O Lord, to keep us this day without sin.
O Lord, have mercy upon us, have mercy upon us.
O Lord, let thy mercy lighten upon us, as our trust is in thee.
O Lord, in thee have I trusted; let me never be confounded.

The Gospel

Mark 8

***In those days the multitude being very great, and having nothing to eat,
Jesus called his disciples unto him, and saith unto them,***

***2 I have compassion on the multitude, because they have now been with me three days,
and have nothing to eat:***

***3 And if I send them away fasting to their own houses, they will faint by the way:
for divers of them came from far.***

⁴ And his disciples answered him, From whence can a man satisfy these men with bread here in the wilderness?
⁵ And he asked them, How many loaves have ye? And they said, Seven.
⁶ And he commanded the people to sit down on the ground: and he took the seven loaves,
and gave thanks, and brake, and gave to his disciples to set before them; and they did set them before the people.
⁷ And they had a few small fishes: and he blessed, and commanded to set them also before them.
⁸ So they did eat, and were filled: and they took up of the broken meat that was left seven baskets.
⁹ And they that had eaten were about four thousand: and he sent them away.
¹⁰ And straightway he entered into a ship with his disciples, and came into the parts of Dalmanutha.
¹¹ And the Pharisees came forth, and began to question with him, seeking of him a sign from heaven,
tempting him.
¹² And he sighed deeply in his spirit, and saith, Why doth this generation seek after a sign?
verily I say unto you, There shall no sign be given unto this generation.
¹³ And he left them, and entering into the ship again departed to the other side.
¹⁴ Now the disciples had forgotten to take bread, neither had they in the ship with them more than one loaf.
¹⁵ And he charged them, saying, Take heed, beware of the leaven of the Pharisees, and of the leaven of Herod.
¹⁶ And they reasoned among themselves, saying, It is because we have no bread.
¹⁷ And when Jesus knew it, he saith unto them, Why reason ye, because ye have no bread?
perceive ye not yet, neither understand? have ye your heart yet hardened?
¹⁸ Having eyes, see ye not? and having ears, hear ye not? and do ye not remember?
¹⁹ When I brake the five loaves among five thousand, how many baskets full of fragments took ye up?
They say unto him, Twelve.
²⁰ And when the seven among four thousand, how many baskets full of fragments took ye up?
And they said, Seven.
²¹ And he said unto them, How is it that ye do not understand?

The Benedictus

Blessed be the Lord God of Israel :
for he hath visited, and redeemed his people;
And hath raised up a mighty salvation for us :
in the house of his servant David;
As he spake by the mouth of his holy Prophets :
which have been since the world began;
That we should be saved from our enemies :
and from the hands of all that hate us;

To perform the mercy promised to our forefathers :
and to remember his holy covenant;
To perform the oath which he sware to our forefather Abraham :
that he would give us,
That we being delivered out of the hands of our enemies :
might serve him without fear,
In holiness and righteousness before him :
all the days of our life.
And thou, child, shalt be called the Prophet of the Highest :
for thou shalt go before the face of the Lord to prepare his ways;
To give knowledge of salvation unto his people :
for the remission of their sins;
Through the tender mercy of our God :

whereby the dayspring from on high hath visited us;
To give light to them that sit in darkness,
and in the shadow of death :
and to guide our feet into the way of peace.

Glory be to the Father, and to the Son :
and to the Holy Ghost;
as it was in the beginning, is now, and ever shall be :
world without end. Amen.

Apostles' Creed

**I believe in God the Father almighty,
maker of heaven and earth:
and in Jesus Christ his only Son our Lord,
who was conceived by the Holy Ghost,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, dead, and buried.
He descended into hell;
the third day he rose again from the dead;
he ascended into heaven,
and sitteth on the right hand of God the Father almighty;
from thence he shall come to judge the quick and the dead.
I believe in the Holy Ghost; the holy catholic Church the holy catholic Church;
the communion of saints;
the forgiveness of sins; the resurrection of the body, and the life everlasting.
Amen**

The Lord be with you.
And with thy spirit.

Let us pray.

Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.

**Our Father, which art in heaven,
hallowed be thy name;
thy kingdom come; thy will be done
in earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive them that trespass against us.
And lead us not into temptation;
but deliver us from evil. Amen.**

O Lord, shew thy mercy upon us.
And grant us thy salvation.

O Lord, save the Queen.

And mercifully hear us when we call upon thee.

Endue thy ministers with righteousness.

And make thy chosen people joyful.

O Lord, save thy people.

And bless thine inheritance.

Give peace in our time, O Lord.

**Because there is none other that fighteth for us,
but only thou, O God.**

O God, make clean our hearts within us.

And take not thy Holy Spirit from us.

The Collects are said.

The Collect of the Day

Lord of all power and might, who art the author and giver of all good things: Graft in our hearts the love of thy
nourish us with all goodness, and thy great mercy keep us in the same; through Jesus Christ amen

The Collect in time of Pestilence, Sickness & Mortality

O ALMIGHTY God, the Lord of life and death, of health and sickness:

Have pity upon us miserable sinners, now visited with great sickness and mortality.

Withdraw from us this grievous affliction.

Sanctify to us, we beseech thee, this thy fatherly correction.

Enlarge our charity to relieve those who need our help.

Bless the remedies applied to assist them. Give us prudence to see, and vigour to use,
those means which thy providence affords, for preventing and alleviating such calamities.

And, above all, teach us to know how frail and uncertain our condition is, and so to number our days,
that we may seriously apply our hearts to that holy and heavenly wisdom, whilst we live here,
which may in the end bring us to life everlasting;

through the merits and mediation of Jesus Christ, thine only Son our Lord.

Amen.

The Collect for Peace

O God, who art the author of peace and lover of concord,

in knowledge of whom standeth our eternal life,

whose service is perfect freedom;

defend us thy humble servants in all assaults of our enemies; that we, surely trusting in thy defence,
may not fear the power of any adversaries;

through the might of Jesus Christ our Lord.

Amen.

The Collect for Grace

O Lord, our heavenly Father, almighty and everlasting God,
who hast safely brought us to the beginning of this day;

defend us in the same with thy mighty power;

and grant that this day we fall into no sin,

neither run into any kind of danger,

but that all our doings may be ordered by thy governance,

to do always that is righteous in thy sight;

through Jesus Christ our Lord.
Amen.

Sermon

Mark 8 feeding the many

Can anything on earth truly satisfy the hunger we experience for God?

The enormous crowd that pressed upon Jesus for three days were hungry for something more than physical food.

They hung upon Jesus' words because they were hungry for God.

When the disciples were confronted by Jesus with the task of feeding four thousand people many miles away from
Where in this remote place can anyone get enough bread to feed them?

The Israelites were confronted with the same dilemma when they fled Egypt and found themselves in a barren wild

Like the miraculous provision of manna in the wilderness, Jesus, himself provides bread in abundance for the hungry
seek him.

The gospel records that all were satisfied and they took up what was leftover.

When God gives he gives abundantly -- more than we deserve and more than we need. He nourishes us with his life
heaven.

The sign of the multiplication of the loaves when the Lord says the blessing, breaks and distributes through his disciples
the unique bread of his Eucharist or Lord's Supper.

When we receive from the Lord's table we unite ourselves to Jesus Christ, who makes us sharers in his body and blood.

Ignatius of Antioch (35-107 A.D.) calls it the "one bread that provides the medicine of immortality, the antidote for
ever in Jesus Christ" (Ad Eph. 20,2).

This super - natural food is healing for both body and soul and strength for our journey heavenward.

When you approach the Table of the Lord, what do you expect to receive?

Healing, pardon, comfort, and rest for your soul?

The Lord has much more for us, more than we can ask or imagine.

The principal fruit of receiving the Eucharist is an intimate union with Christ.

As bodily nourishment restores lost strength, so the Eucharist strengthens us in charity and enables us to break with
and to be more firmly rooted in the love of Christ.

Let us pray

"Lord, you alone can satisfy. Fill us with gratitude and longing for the true bread of heaven which gives strength and

Amen

The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Ghost,
be with us all evermore. Amen