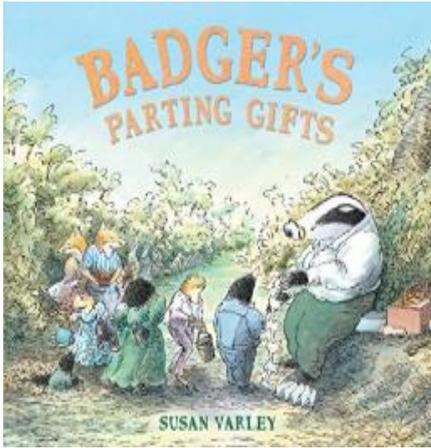


How to help Children cope with Anxiety / Bereavement



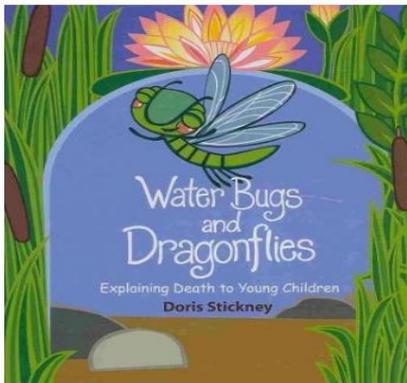
Badger's Parting Gifts: A Classic Illustrating death to young children

Author: Susan Varley **Publisher:** Anderson Press **Date:** 1987

Badger is so old that he knows he will soon die. He tries to prepare his friends for this event, but when he does die, they are still grief-stricken. Gradually they come to terms with their grief by remembering all the practical things Badger taught them, and so Badger lives on in his friends' memories of him.

An old classic: Warm and sensitive with a gentle message which can be of comfort to both young children and adults. Beautiful illustrations throughout.

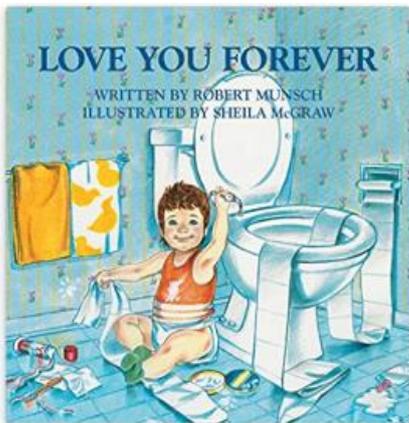
Youtube link: <https://www.youtube.com/watch?v=tRTRABhJTbo>



Water Bugs and Dragonflies: For young children Illustrating death to young children

Author: Doris Stickney **Publisher:** The Pilgrim Press **Date:** 2004

Doris Stickney and her minister husband were looking for a meaningful way to explain to neighbourhood children the death of a five-year-old friend -- an explanation that would satisfy not only the children but adult minds as well. A small colony of water bugs living happily below the surface of a quiet pond. Every so often one of them climbs up a lily stalk and disappears from sight, never to return. Those left behind are faced with the mystery of figuring out what has become of them.



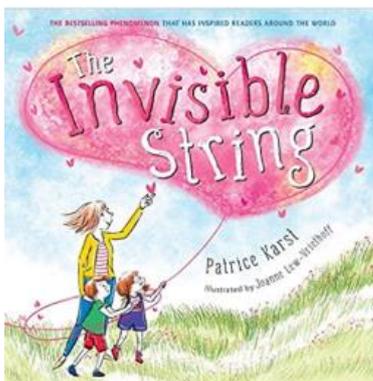
Love You Forever: A Timeless Favourite

Parental bonds with child / death of a parent

Author: Robert Munsch **Publisher:** Firefly book **Date:** 1986

The mother sings to her sleeping baby "I'll love you forever, I'll love you for always, As long as I'm living my baby you'll be". She still sings the same song throughout all stage of her son's life. Then, inevitably, the day comes when she's too old and sick to hold him, and the roles are at last reversed. Each stage is illustrated by one of Sheila McGraw's comic and yet poignant pastels. (Ages 4 to 8)

Youtube link: <https://www.youtube.com/watch?v=vsWbZwLusyE>



The Invisible String: Modern and very calming

Author: Patrice Karst and Joanne Lew-Vriethoff

Publisher: Little, Brown Books

Date: 2018

A Mum explains to her anxious twins about the tug of the 'invisible string', the link of love people between. A very gentle book to help with separation anxiety, grief, loneliness and loss.

Suitable for 4-8 year olds

Youtube link: <https://www.youtube.com/watch?v=cO2LBBBtAI>