

Dear All

I would like to share a small Newick-related document with you. Its subject is not directly related to Coronavirus. However, in some circumstances today with possible delays in paramedic or ambulance emergency calls to an incident where a person is found unresponsive and not breathing normally you can take urgent action and get potentially life-saving seconds.

Do you know what and where AEDs (defibrillators) are in the village? Do you know when and how to use one? Are you aware that the 999 ambulance service will talk you through potentially life-saving procedures until the paramedic or ambulance arrives?

This downloadable document should give you the confidence that you CAN manage the emergency situation. Please download it from the link at the end of this and see how you could get that spark of knowledge to make a difference.

As an ongoing possibility to share the information I have other file and scalable page layouts; double sided; a PowerPoint presentation (2.5 mins); plus the facilities to reproduce the information in other ways. Please contact me if you can suggest other formats (video?) or ways to share this, or want copies of the files, or just improve them. Maybe sometime, when life is less stressful someone or a business in the village might like to sponsor a print run on a suitable weight and size of paper to distribute it around the village for pinning to home notice boards or fridges just to lurk in the background for years to come ... just in case? This pdf could also be printed on A3 for village noticeboards.

As the lottery ad goes ..."it might be you"... who needs an AED! Make sure you have a chance of being saved and share the knowledge!

Through the generosity of a number of people and businesses our village has been well equipped with the devices. Let's make sure each of us know how to use or at least help to use them in an emergency. And (in theory from September) school children will be taught how they're used in age-appropriate safety and first aid lessons at school.

<https://drive.google.com/file/d/11lvbHj-2IR9IIU-LQJJo6d7s-Cc1G7Sk/view?usp=sharing>

Regards

John Samson